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SOME CONGRUENCES FOR THE SECOND-ORDER CATALAN NUMBERS

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ABSTRACT. Let p be any odd prime. We mainly show that

$$\sum_{k=1}^{p-1} \frac{2^k}{k} {3k \choose k} \equiv 0 \pmod{p}$$

and

$$\sum_{k=1}^{p-1} 2^{k-1} C_k^{(2)} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

where $C_k^{(2)} = {3k \choose k}/(2k+1)$ is the kth Catalan number of order 2.

1. Introduction

The well-known Catalan numbers are those integers

$$C_n = \frac{1}{n+1} {2n \choose n} = {2n \choose n} - {2n \choose n-1} \quad (n=0,1,2,\ldots).$$

(As usual we regard $\binom{x}{-k}$ as 0 for $k=1,2,\ldots$) There are many combinatorial interpretations for these important numbers (see, e.g., [St, pp. 219-229]). With the help of a sophisticated binomial identity, H. Pan and Z. W. Sun [PS] obtained some congruences on sums of Catalan numbers; in particular, by [PS, (1.16) and (1.8)], for any prime p > 3 we have

$$\sum_{k=0}^{p-1} C_k \equiv \frac{3(\frac{p}{3}) - 1}{2} \pmod{p} \text{ and } \sum_{k=1}^{p-1} \frac{C_k}{k} \equiv \frac{3}{2} \left(1 - \left(\frac{p}{3} \right) \right) \pmod{p}, (1.0)$$

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where the Legendre symbol $(\frac{a}{3}) \in \{0, \pm 1\}$ satisfies the congruence $a \equiv (\frac{a}{3}) \pmod{3}$. Recently Z. W. Sun and R. Tauraso [ST1, ST2] obtained some further congruences concerning sums involving Catalan numbers.

For $m, n \in \mathbb{N} = \{0, 1, 2, \dots\}$, we define

$$C_n^{(m)} = \frac{1}{mn+1} \binom{mn+n}{n} = \binom{mn+n}{n} - m \binom{mn+n}{n-1}$$

and call it the nth Catalan number of order m. Clearly

$$C_n^{(1)} = C_n$$
 and $C_n^{(2)} = \frac{1}{2n+1} {3n \choose n}$.

In contrast with (1.0), we have the following result involving the second-order Catalan numbers.

Theorem 1.1. Let p be an odd prime. Then

$$\sum_{k=1}^{p-1} 2^k C_k^{(2)} \equiv 2\left((-1)^{(p-1)/2} - 1\right) \pmod{p} \tag{1.1}$$

and

$$\sum_{k=1}^{p-1} \frac{2^k C_k^{(2)}}{k} \equiv 4 \left(1 - (-1)^{(p-1)/2} \right) \pmod{p}. \tag{1.2}$$

Actually Theorem 1.1 follows from our next two theorems.

Theorem 1.2. Let p > 5 be a prime. Then

$$\sum_{k=0}^{p-1} 2^k \binom{3k}{k} \equiv \frac{6(-1)^{(p-1)/2} - 1}{5} \pmod{p},\tag{1.3}$$

$$\sum_{k=0}^{p-1} 2^k \binom{3k+1}{k} \equiv \frac{4(-1)^{(p-1)/2} + 1}{5} \pmod{p},\tag{1.4}$$

Theorem 1.3. For any prime p we have

$$\sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} \equiv 0 \pmod{p}. \tag{1.5}$$

For any odd prime p we can also prove the following congruences:

$$5\sum_{k=1}^{p-1} 2^k \binom{3k+2}{k} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

$$\sum_{k=1}^{p-1} \frac{2^{k-1}}{k} \binom{3k+1}{k} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

$$\sum_{k=1}^{p-1} \frac{2^{k-1}}{k} \binom{3k+2}{k} \equiv \frac{3}{2} \left((-1)^{(p-1)/2} - 1 \right) \pmod{p}.$$

We omit their proofs which are similar to those of Theorems 1.2-1.3.

With the help of Theorems 1.2 and 1.3, we can easily deduce Theorem 1.1.

Proof of Theorem 1.1 via Theorems 1.2 and 1.3. Clearly (1.1) and (1.2) hold for p = 3, 5. Assume p > 5. By (1.3) and (1.4),

$$\sum_{k=0}^{p-1} \frac{2^k}{2k+1} {3k \choose k} = 3 \sum_{k=0}^{p-1} 2^k {3k \choose k} - 2 \sum_{k=0}^{p-1} 2^k {3k+1 \choose k}$$
$$\equiv 2(-1)^{(p-1)/2} - 1 \pmod{p}.$$

This proves (1.1). For (1.2) it suffices to note that

$$\sum_{k=1}^{p-1} \frac{2^k}{k(2k+1)} {3k \choose k} = \sum_{k=1}^{p-1} \frac{2^k}{k} {3k \choose k} - 2 \sum_{k=1}^{p-1} \frac{2^k}{2k+1} {3k \choose k}.$$

This concludes the proof. \square

We are going to provide two lemmas in the next section. Theorems 1.2 and 1.3 will be proved in Sections 3 and 4 respectively.

2. Some Lemmas

Lemma 2.1. For $m, n \in \mathbb{N}$ we have

$$2^{n} \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^{k} \binom{n}{m-3k} \binom{3k-m+n}{k}$$

$$= (-1)^{m} \sum_{j=0}^{n} \binom{n}{j} \sum_{k=0}^{m} (-2)^{k} \binom{n}{m-k} \binom{2j}{k}.$$
(2.1)

Proof. Let $P(x) = (2 + 2x - 4x^3)^n$, and denote by $[x^k]P(x)$ the coefficient of x^k in the expansion of P(x). Then

$$2^{-n}[x^m]P(x) = [x^m]((1+x) - 2x^3)^n$$

$$= \sum_{k=0}^{\lfloor m/3 \rfloor} \binom{n}{k} (-2)^k [x^{m-3k}](1+x)^{n-k}$$

$$= \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^k \binom{n}{k} \binom{n-k}{m-3k}$$

$$= \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^k \binom{n}{m-3k} \binom{3k-m+n}{k}.$$

Since

$$P(x) = (1-x)^n ((2x+1)^2 + 1)^n = \sum_{j=0}^n \binom{n}{j} (1-x)^n (2x+1)^{2j},$$

we also have

$$[x^m]P(x) = \sum_{j=0}^n \binom{n}{j} \sum_{k=0}^m 2^k \binom{2j}{k} (-1)^{m-k} \binom{n}{m-k}.$$

Therefore (2.1) is valid. \square

For any prime p, if $n, k \in \mathbb{N}$ and $s, t \in \{0, 1, \dots, p-1\}$ then we have the following well-known Lucas congruence (cf. [Gr] or [HS]): $\binom{pn+s}{pk+t} \equiv \binom{n}{k} \binom{s}{t}$ (mod p). This will be used in the proof of the following lemma.

Lemma 2.2. Let p > 5 be a prime. Then we have

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t {2s \choose t} \equiv \frac{3(-1)^{(p-1)/2} + 2}{5} \pmod{p}$$
 (2.2)

and

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{p+t} \equiv \frac{3}{10} \left(1 - (-1)^{(p-1)/2} \right) \pmod{p}. \tag{2.3}$$

Proof. Observe that

$$\begin{split} &\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s \sum_{t=0}^{2s} 2^t \binom{2s}{t} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s 3^{2s} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s 3^{2s} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \left(\sum_{t=0}^{2s} 2^t \binom{2s}{t} - \sum_{t=p}^{2s} 2^t \binom{2s}{t} \right) \\ &= \sum_{s=0}^{p-1} (-1)^s 3^{2s} - \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=p}^{2s} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{p-1} (-9)^s - \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=p}^{2s-p} 2^{p+r} \binom{2s}{r+p}. \end{split}$$

For $s = (p+1)/2, \ldots, p-1$, by Lucas' congruence we have

$$\sum_{r=0}^{2s-p} 2^r \binom{p + (2s-p)}{p+r} \equiv \sum_{r=0}^{2s-p} 2^r \binom{2s-p}{r} = 3^{2s-p} \pmod{p}.$$

Thus, with the help of Fermat's little theorem, we get

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t {2s \choose t} \equiv \frac{1 - (-9)^p}{10} - \sum_{s=(p+1)/2}^{p-1} (-1)^s \frac{2}{3} \cdot 9^s$$

$$\equiv 1 - \frac{2}{3} (-9)^{\frac{p+1}{2}} \frac{(1 - (-9)^{(p-1)/2})}{10}$$

$$\equiv \frac{3(-1)^{(p-1)/2} + 2}{5} \pmod{p}.$$

This proves (2.2).

In view of Lucas' congruence and Fermat's little theorem, we also have

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{p+t}$$

$$\equiv \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s-p}{t} = \sum_{s=(p+1)/2}^{p-1} (-1)^s 3^{2s-p}$$

$$= 3^{-p} (-9)^{(p+1)/2} \frac{1 - (-9)^{(p-1)/2}}{10} = (-1)^{(p+1)/2} \frac{3}{10} \left(1 + (-1)^{(p+1)/2} 3^{p-1}\right)$$

$$\equiv \frac{3}{10} \left(1 - (-1)^{(p-1)/2}\right) \pmod{p}.$$

So (2.3) is also valid. We are done. \square

3. Proof of Theorem 1.2

In order to prove Theorem 1.2, we first present an auxiliary result.

Theorem 3.1. Let p > 5 be a prime, and let $d, \delta \in \{0, 1\}$. Then

$$\frac{(-1)^{d+\delta}}{2^{\delta}} \sum_{\delta p - d \leqslant 3k \leqslant \delta p + p - 1 - d} 2^{k} {3k + d \choose k}$$

$$\equiv \frac{4 - \delta}{10} + \frac{(3\delta - 2)(5d - 3)}{10} (-1)^{(p-1)/2} \pmod{p}.$$
(3.1)

Proof. Applying (2.1) with n = p - 1 and $m = \delta p + p - 1 - d$, we get

$$2^{p-1} \sum_{k=0}^{\lfloor (\delta p + p - 1 - d)/3 \rfloor} (-2)^k \binom{p-1}{\delta p + p - 1 - d - 3k} \binom{3k + d - \delta p}{k}$$

$$= (-1)^{\delta p + p - 1 - d} \sum_{j=0}^{p-1} \binom{p-1}{j} \sum_{k=0}^{\delta p + p - 1 - d} (-2)^k \binom{p-1}{\delta p + p - 1 - d - k} \binom{2j}{k}.$$

Observe that

$$\sum_{k=0}^{\lfloor (\delta p+p-1-d)/3\rfloor} (-2)^k \binom{p-1}{\delta p+p-1-d-3k} \binom{3k+d-\delta p}{k}$$

$$= \sum_{\delta p-d\leqslant 3k\leqslant \delta p+p-1-d} (-2)^k \binom{p-1}{p+\delta p-1-d-3k} \binom{3k+d-\delta p}{k}$$

$$\equiv \sum_{\delta p-d\leqslant 3k\leqslant \delta p+p-1-d} (-2)^k (-1)^{\delta p+p-1-d-3k} \binom{3k+d}{k}$$

$$\equiv (-1)^{d+\delta} \sum_{\delta p-d\leqslant 3k\leqslant \delta p+p-1-d} 2^k \binom{3k+d}{k} \pmod{p}$$

and

$$(-1)^{\delta p + p - 1 - d} \sum_{j=0}^{p-1} {p-1 \choose j} \sum_{k=0}^{\delta p + p - 1 - d} (-2)^k {p-1 \choose \delta p + p - 1 - d - k} {2j \choose k}$$

$$\equiv \sum_{j=0}^{p-1} (-1)^j \sum_{\delta p - d \leqslant k < \delta p + p - d} 2^k {2j \choose k} = \sum_{j=0}^{p-1} (-1)^j \sum_{t=0}^{p-1} 2^{\delta p - d + t} {2j \choose \delta p - d + t}$$

$$\equiv 2^{\delta - d} \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t {2s \choose \delta p - d + t} \pmod{p}.$$

Therefore

$$\sum_{\delta p - d \leqslant 3k \leqslant \delta p + p - 1 - d} 2^k \binom{3k + d}{k}$$

$$\equiv (-2)^{\delta - d} \sum_{s = 0}^{p - 1} (-1)^s \sum_{t = 0}^{p - 1} 2^t \binom{2s}{\delta p - d + t} \pmod{p}.$$

Recall that $d \in \{0, 1\}$. We have

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p - d + t}$$

$$= \sum_{s=0}^{p-1} (-1)^s \sum_{t=-d}^{p-1-d} 2^{d+t} \binom{2s}{\delta p + t}$$

$$= \sum_{s=0}^{p-1} (-1)^s \left(\sum_{t=0}^{p-1} 2^{d+t} \binom{2s}{\delta p + t} + d \binom{2s}{\delta p - 1} - 2^p \binom{2s}{\delta p + p - 1} \right) \right)$$

$$= 2^d \sum_{s=0}^{p-1} \sum_{t=0}^{p-1} (-1)^s 2^t \binom{2s}{\delta p + t} + d \sum_{s=0}^{p-1} (-1)^s \binom{2s}{\delta p - 1} - 2^p \binom{2s}{\delta p + p - 1} \right)$$

and hence

$$(-1)^{d+\delta} \sum_{\delta p - d \leqslant 3k \leqslant \delta p + p - 1 - d} 2^k \binom{3k + d}{k} - 2^{\delta} \sum_{s = 0}^{p - 1} \sum_{t = 0}^{p - 1} (-1)^s 2^t \binom{2s}{\delta p + t}$$

$$\equiv d2^{\delta - d} \sum_{s = 0}^{p - 1} (-1)^s \binom{2s}{\delta p - 1} - 2\binom{2s}{\delta p + p - 1}$$

$$\equiv d2^{\delta - 1} (3\delta - 2) \sum_{s = 0}^{p - 1} (-1)^s \binom{2s}{p - 1} \equiv d(3\delta - 2) 2^{\delta - 1} (-1)^{(p - 1)/2} \pmod{p}.$$

Since

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p + t} \equiv \frac{4 - \delta}{10} + \frac{3}{10} (2 - 3\delta)(-1)^{(p-1)/2} \pmod{p}$$

by Lemma 2.2, we finally get

$$\frac{(-1)^{d+\delta}}{2^{\delta}} \sum_{\delta p - d \leqslant 3k \leqslant \delta p + p - 1 - d} 2^{k} {3k + d \choose k}$$

$$\equiv \frac{4 - \delta}{10} + \frac{3}{10} (2 - 3\delta) (-1)^{(p-1)/2} + \frac{d}{2} (3\delta - 2) (-1)^{(p-1)/2}$$

$$\equiv \frac{4 - \delta}{10} + \frac{(3\delta - 2)(5d - 3)}{10} (-1)^{(p-1)/2} \pmod{p}.$$

This proves (3.1). \square

Proof of Theorem 1.2. Let $d \in \{0,1\}$. If $(2p-d)/3 \le k \le p-1$, then $2k+d+1 \le 2k+2 \le 2p \le 3k+d$ and hence

$$\binom{3k+d}{k} = \frac{(3k+d)\cdots(2k+d+1)}{k!} \equiv 0 \pmod{p}.$$

Therefore

$$\sum_{2p-d\leqslant 3k\leqslant 3p-3} 2^k \binom{3k+d}{k} \equiv 0 \pmod{p}.$$

With the help of Theorem 3.1, we have

$$\sum_{k=0}^{p-1} 2^k \binom{3k+d}{k} \equiv \sum_{-d \leqslant 3k \leqslant 2p-1-d} 2^k \binom{3k+d}{k}$$

$$\equiv \sum_{\delta=0}^1 \sum_{\delta p-d \leqslant 3k \leqslant \delta p+p-1-d} 2^k \binom{3k+d}{k}$$

$$\equiv \sum_{\delta=0}^1 (-1)^d (-2)^\delta \left(\frac{4-\delta}{10} + \frac{(3\delta-2)(5d-3)}{10}(-1)^{(p-1)/2}\right)$$

$$\equiv \frac{(-1)^{d-1}}{5} \left(1 + (10d-6)(-1)^{(p-1)/2}\right) \pmod{p}.$$

This yields (1.3) and (1.4). We are done. \square

4. Proof of Theorem 1.3

Proof of Theorem 1.3. Obviously (1.5) holds for p = 2, 3. Below we assume p > 3.

Let $\delta \in \{0,1\}$. Applying (2.1) with $m = p + \delta p$ and n = p we get

$$2^{p} \sum_{k=0}^{p} (-2)^{k} \binom{p}{p+\delta p-3k} \binom{3k-\delta p}{k}$$

$$= (-1)^{\delta+1} \sum_{j=0}^{p} \binom{p}{j} \sum_{k=0}^{p+\delta p} (-2)^{k} \binom{p}{p+\delta p-k} \binom{2j}{k}.$$
(4.1)

Observe that

$$\sum_{k=0}^{p} (-2)^k \binom{p}{p+\delta p-3k} \binom{3k-\delta p}{k}$$

$$= \sum_{\delta p \leqslant 3k \leqslant p+\delta p-1} (-2)^k \binom{p}{3k-\delta p} \binom{3k-\delta p}{k}$$

$$= 1 - \delta + \sum_{\delta p < 3k < p+\delta p} (-2)^k \binom{p}{3k-\delta p} \binom{3k-\delta p}{k}.$$

For $j = 1, \ldots, p-1$ clearly

$$\binom{p}{j} = \frac{p}{j} \binom{p-1}{j-1} \equiv p \frac{(-1)^{j-1}}{j} \pmod{p^2}.$$

Thus

$$\sum_{\delta p < 3k < p + \delta p} (-2)^k \binom{p}{3k - \delta p} \binom{3k - \delta p}{k}$$

$$\equiv \sum_{\delta p < 3k < p + \delta p} (-2)^k p \frac{(-1)^{3k - \delta p - 1}}{3k - \delta p} \binom{3k - \delta p}{k}$$

$$\equiv (-1)^{\delta + 1} \sum_{\delta p < 3k < p + \delta p} (-2)^k p \frac{(-1)^k}{3k} \binom{(3k - \delta p) + \delta p}{k}$$
(by Lucas' congruence)
$$\equiv (-1)^{\delta + 1} \frac{p}{3} \sum_{\delta p < 3k < p + \delta p} \frac{2^k}{k} \binom{3k}{k} \pmod{p^2}.$$

Notice that

$$\sum_{j=0}^{p} {p \choose j} \sum_{k=0}^{p+\delta p} (-2)^k {p \choose p+\delta p-k} {2j \choose k}$$

$$= \sum_{\delta p \leqslant 2j \leqslant 2p} {p \choose j} \sum_{k=\delta p}^{p+\delta p} (-2)^k {p \choose k-\delta p} {2j \choose k}$$

$$= \sum_{\delta p < 2j < 2p} {p \choose j} \sum_{k=\delta p}^{p+\delta p} (-2)^k {p \choose k-\delta p} {2j \choose k}$$

$$+ \sum_{2j \in \{\delta p, 2p\}} {p \choose j} \sum_{k=\delta p}^{p+\delta p} (-2)^k {p \choose k-\delta p} {2j \choose k}.$$

Clearly

$$\sum_{\delta p < 2j < 2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k}$$

$$\equiv \sum_{\delta p < 2j < 2p} \binom{p}{j} \left((-2)^{\delta p} \binom{p}{0} \binom{2j}{\delta p} + (-2)^{p+\delta p} \binom{p}{p} \binom{2j}{p+\delta p} \right)$$

$$\equiv \sum_{\delta p < 2j < 2p} \binom{p}{j} (-2)^{\delta p} \binom{2j-\delta p}{0}$$

$$+ (1-\delta) \sum_{p < 2j < 2p} \binom{p}{j} (-2)^{p+\delta p} \binom{2j-p}{p-p} \text{ (by Lucas' congruence)}$$

$$\equiv (-2)^{\delta} 2^{1-\delta} (2^{p-1}-1) + (1-\delta)(-2)^{1+\delta} (2^{p-1}-1)$$

$$\equiv (-1)^{\delta} \delta (2^p-2) = -\delta (2^p-2) \pmod{p^2}.$$

(Note that $\delta \in \{0,1\}$ and $2\sum_{p/2 < j < p} {p \choose j} = \sum_{j=1}^{p-1} {p \choose j} = 2^p - 2$.) Also,

$$\sum_{2j=\delta p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} = (1-\delta) \sum_{k=0}^p (-2)^k \binom{p}{k} \binom{0}{k} = 1-\delta$$

and

$$\sum_{2j=2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k}$$

$$\equiv \sum_{k\in\{\delta p, p+\delta p\}} (-2)^k \binom{p}{k-\delta p} \binom{2p}{k}$$

$$\equiv (-2)^{\delta p} \binom{2}{\delta} + (-2)^{p+\delta p} \binom{2}{1+\delta} = 4^{\delta p} - 2^{p+1} \pmod{p^2}.$$

(Recall that $\frac{1}{2}\binom{2p}{p} = \binom{2p-1}{p-1} \equiv 1 \pmod{p^3}$ by the Wolstenholme congruence (cf. [Gr] or [HT]).)

Combining the above with (4.1), we have

$$2^{p} \left(1 - \delta + (-1)^{\delta+1} \frac{p}{3} \sum_{\delta p < 3k < p + \delta p} \frac{2^{k}}{k} {3k \choose k} \right)$$

$$\equiv (-1)^{\delta+1} \left(\delta(2 - 2^{p}) + 1 - \delta + 4^{\delta p} - 2^{p+1} \right) \pmod{p^{2}}.$$

Setting $\delta = 0$ and $\delta = 1$ respectively, we obtain

$$2^{p} - 2^{p} \frac{p}{3} \sum_{0 < 3k < p} \frac{2^{k}}{k} {3k \choose k} \equiv 2^{p+1} - 2 \pmod{p^{2}}$$

and

$$2^{p} \frac{p}{3} \sum_{p < 3k < 2p} \frac{2^{k}}{k} {3k \choose k} \equiv 2 - 2^{p} + 4^{p} - 2^{p+1} \pmod{p^{2}}.$$

It follows that

$$\frac{2}{3}p\sum_{0 \le 3k \le 2p} \frac{2^k}{k} {3k \choose k} \equiv 4^p - 4 \cdot 2^p + 4 = (2^p - 2)^2 \equiv 0 \pmod{p^2}.$$

If $2p \leq 3k < 3p$, then

$$\binom{3k}{k} = \frac{3k\cdots(2k+1)}{k!} \equiv 0 \pmod{p}.$$

Therefore

$$\sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} = \sum_{0 \le 3k \le 2p} \frac{2^k}{k} \binom{3k}{k} + \sum_{2p \le 3k \le 3p} \frac{2^k}{k} \binom{3k}{k} \equiv 0 \pmod{p}.$$

This completes the proof of Theorem 1.3. \square

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